



CRISIS SERVICES

**** 24 Hour Services, Inpatient/Outpatient, Financial Assistance****

Fannin County Family Crisis

Location: 118 E Sam Rayburn Dr, Bonham, TX

Services: 24-Hour Crisis Hotline, Counseling, Emergency Shelter, Crisis Intervention, Community Education, Domestic Violence classes, Parenting Classes and Women's Empowerment classes, food, household toiletries.

Hours: 8:30am-5:00pm, Monday-Friday

Contact: 24/7 Crisis Hotline: 903-583-7000

Toll Free Line: 877-583-2855

Website: <https://fccrisiscenter.org/>

Grayson County Crisis Center

Location: 4200 N. Travis St. Sherman, TX.

Shelter Services: Emergency Shelter for victims of domestic violence, sexual assault, stalking and human trafficking.

Non-Residential Services: Support Groups, Advocacy Services, Legal Services, Case Management, Crisis Hotline, Housing Options, Employment, Legal Services/Protective Orders, Parenting, Support Groups, Children's Advocacy, Hospital Response.

*Contact for Non-Residential Services: 903-893-3909

*Hours: 24 Hour Hotline

*Contact: Hotline # 903-893-5615

*Website: <https://www.graysoncrisiscenter.org/>

Texoma Community Center

Location: 315 W. McLain, Sherman

Services: Child & Adolescent Services (ages 3-17), Adult mental health, Forensic, Home and Community based services, Veteran Services, Outpatient Counseling and Integrated Healthcare, Adolescent Substance Use Disorder, Youth Empowerment Services, IDD services-Intellectual Disability Services.

Hours: Monday-Friday: 8am-5pm, flexible hours are available.

Contact: (903) 957-4701, Mobile Crisis Line: 1-877-277-2226

Website: <https://www.texomacc.org/>

Texoma Community Center

Location: 319 N. Dixon, Gainesville, Texas.

Services: Child & Adolescent Services (ages 3-17), Adult mental health, Forensic, Home and Community based services, Veteran Services, Outpatient Counseling and Integrated Healthcare, Adolescent Substance Use Disorder, Youth Empowerment Services, IDD services-Intellectual Disability Services.

Hours: Monday-Friday:8am-5pm, flexible hours are available

Contact: 940-665-3962

Website: <https://www.texomacc.org/>

Texoma Community Center

Location:1221 E 6th St, Bonham, TX 75418

Services: Child & Adolescent Services (ages 3-17), Adult mental health, Forensic, Home and Community based services, Veteran Services, Outpatient Counseling and Integrated Healthcare, Adolescent Substance Use Disorder, Youth Empowerment Services, IDD services-Intellectual Disability Services.

Hours: Monday-Friday:8am-5pm

Contact:(903) 583-8583

Website: <https://www.texomacc.org/>

TMC Behavioral Health

Location:2601 Cornerstone Drive, Sherman, TX 75092

Services: Provides a full range of services for children (ages 13-17), adults with psychiatric and emotional problems, including geriatric inpatient. Provides treatments for dual diagnosis including detox.

Hours: 24 hours

Contact: (903) 416-3000

Website: <https://tmcbehavioralhealth.com/>

24 Hour Hotline

Attorney General Child Support Services

Contact: 1-800-252-8014

Website: <https://www.texasattorneygeneral.gov/>

Attorney General Crime Victims Compensation

Contact:1 800-983-9933

Website: <https://www.texasattorneygeneral.gov/>

Child Care Information Hotline

Contact: 1-800-862-5252

Website: http://www.dfps.state.tx.us/contact_us/hotlines.asp

Collin County Lifepath Systems Mobile Crisis Outreach Team

Contact: 1-877-422-5939

Website: <https://www.lifepathsystems.org/>

Department of Aging & Disability Services (60+ Hotline)

Contact: 1- 800-252-9240

Website: <https://www.hhs.texas.gov/>

Family Law Hotline

Contact: 1- 800-777-3247

Website: <https://txparent.com/>

Family Violence Legal Hotline

Services: Free Support, Safety Planning, Local Resources, help with identifying types of abuse, Legal Help, Deaf Services, Health Services, Native American Services

Contact :1- 800-799-7233

Website: <https://www.thehotline.org/>

Homeless Hotline

Services: Helps connect persons needing help with the correct resources that match their needs.

Contact: 1-888-411-6802

Website: <https://familygateway.org/contact-us/>

Immunization Hotline

Contact: 1-800-252-9152

Website: <https://www.cdc.gov/>

Injured Workers Hotline

Contact: 1- 800-252-7031

Website: <https://www.employers.com/>

Lawyer Referral Service

Contact: 1-800-252-9690

Website: <https://www.texasbar.com/>

Legal Hotline for Texans

Contact: 1-800-622-2520

Website: <https://guides.sll.texas.gov/legal-hotlines/general>

Literacy Hotline

Contact: 1-800-441-7323

Website: <https://tcall.tamu.edu/TRAIN-PD-TCALL-Hotline.html>

Love is Respect

Contact: 1-866-331-9474

Website: <https://www.loveisrespect.org/>

Mental Health & Drug Abuse Referral Hotline

Contact: 1- 800-662-4357

Website: <https://www.samhsa.gov/>

National Alcohol/Drug Referral

Contact: 1- 800-454-8966

National Domestic Violence Hotline

Contact:1- 800-799-7233

Website: <https://www.thehotline.org/>

National Center for Missing & Exploited Children

Contact: 1- 800-843-5678

Website: <https://www.missingkids.org/HOME>

National Immigration & Refugee Hotline

Contact : 1-209-757-3733

Website: <https://www.freedomforimmigrants.org/hotline>

National Sexual Assault Hotline

Contact: 1- 800-656-4673

Website: <https://www.rainn.org/resources>

North Texas Crisis Line (including Mobile Crisis Outreach Team)

Contact: 1-866-260-8000

Office of Attorney General Consumer Protection

Contact: 1- 800-621-0508

Website: <https://www.texasattorneygeneral.gov/>

Safe Riders (Infant Car Seats)

Contact: Hotline 800-252-8255

Website: <https://dshs.texas.gov/saferiders/>

SIDS Alliance

Contact: 1-800-221-7437

Website: <https://www.healthynewbornnetwork.org/>

Suicide Hotline

Contact: 800-273-8255, Starting July 16th, Dial_988 Text & chat 988lifeline.org

Website: <https://suicidepreventionlifeline.org/>

Texas Advocacy Project

Contact: 1-800-374-4673

Website: <https://www.texasadvocacyproject.org/>

Texas Workforce Commission Employer

Contact: 1-800-832-9394

Website: <https://www.twc.texas.gov/>

Texas Workforce Commission Unemployment Insurance

Contact: 1- 800-558-8321

Website: <https://www.twc.texas.gov/>

Texas Runaway Hotline

Contact: 1-800-392-3352

Website: <https://www.1800runaway.org/>

Texas Abuse Hotline

Contact: 1-800-252-5400

Website: <https://www.txabusehotline.org>

Texas Youth Hotline

Contact: 1-800-989-6884

Website : <https://www.dfps.state.tx.us/youth-helpline/>

Texas Department of Aging & Disability Services & Consumer Rights

Contact: 1- 800-458-9858

Website: <https://www.hhs.texas.gov/>

Texas Council of Family Violence

Contact: 1-800-525-1978

Website: <https://tcfv.org/>

Trans Lifeline

Contact: 1.877.565.8860

Website: <https://translifeline.org/>

Veterans Crisis Line

Contact: 1.800.273.8255

Website: <https://www.veteranscrisisline.net/>

Inpatient/Outpatient Mental Health Hospitals Statewide

Axcel Treatment and Recovery Clinic

Location: 105 Memorial Dr #101, Denison, TX

Services: Ages 18 and up, Addiction Specialist, Drug Treatment, Methadone, Suboxone, Substance Abuse, Substance Abuse Treatment, Opioid Addiction, Telemedicine, Family Medicine

Hours: Monday-Friday: 5:00am-10:30am, Saturday: 6:00am-8:00am

Contact: (903) 337-0208

Website: <https://www.axceltarc.com/>

Carrus Health Children's Hospital

Location: 1810 W US Hwy 82, Sherman, TX

Services: Ages 5-17 years of age, Inpatient Services, Behavioral Health, Long-Term Acute Care, Rehabilitation, Skilled Nursing, Outpatient Services, Outpatient IV Infusion, Primary Care, Radiology, Sleep Studies

Hours: 24 Hours, 7 days a week.

Contact: (903) 870-2600

Website: <https://www.carrushealth.com/>

Cooke Children's

Location: 801 7th Ave. Fort Worth, TX 76104

Services: Provides services ages 2-18 years of age, Psychiatry, Psychology, Partial Hospitalization Program, Inpatient Psychiatry Program, Clinical Therapy Program, Outpatient Psychiatry & Medication Management, Outpatient Therapy.

Hours: Monday-Friday: 9:00am-5:00pm

Contact: 682-885-3917

Website: <https://www.cookchildrens.org/services/behavioral-health/>

Fort Behavioral Health

Location: 7140 Oakmont Blvd, Fort Worth, TX

Services: Accepts ages 13-17, Adults, Drug & Alcohol Detox, Substance Abuse Programs, Inpatient & Outpatient Program, Addiction Therapy Programs, Adolescent Treatment Program, Autism Treatment

Hours: Open 24 hours

Contact: (844) 332-1807

Website: <https://www.fortbehavioral.com/>

Glen Oaks Hospital

Location: 301 Division St, Greenville, TX

Services: Accepts Medicaid, Medicare, and most insurance, Inpatient, Outpatient, Specialty, Telehealth

Ages: 18 ages and up for Inpatient: Those who face acute psychiatric issues, co-occurring disorders (mental health issues with substance abuse) and treatment and medical detoxification services for those struggling with addiction to drugs or alcohol.

Outpatient Psychiatry: Ages 18 and up for outpatient. Partial Hospitalization Program and Intensive Outpatient Program for adults who can participate in an outpatient level of care. The Partial Hospitalization Program is offered 5 days a week and includes breakfast and lunch. Intensive Outpatient Programming is offered 3 days a week and offer both behavioral health and substance use disorder treatment services. The Chemical Dependency IOP meets 3 days a week and offers case management and planning services. Also offers Telehealth

Hours: 24 Hours

Contact: (903) 454-6000

Website: <https://glenoakshospital.com/>

Healing Springs Ranch

Location: 100 S. Texas St, Tioga, TX

Services: young adults (13-28), adults, Drug and Alcohol Addiction, Trauma, Process Addictions, Dual Diagnosis and Co-Occurring Disorders, Recovery Support, Nutrition Center

Hours: 24 Hours

Contact: (866) 656-8384

Website: <https://www.healingspringsranch.com/>

Mayhill Hospital

Location: 2809 S Mayhill Rd, Denton, TX

Services: Psychiatric Intensive Care Unit, General Psychiatric, Medical Care, Integrated Behavioral Medicine, Partial Hospitalization Program, Intensive Outpatient Program, Electroconvulsive Therapy

Hours: 24 Hours, 7 days a week

Contact: (940) 239-3000

Website: <https://mayhillhospital.com/>

Millwood Hospital

Location: 1011 N Cooper St, Arlington, TX

Services: Serves Adults, Senior Adults, Children and Adolescents. (Ages 5 and Up) Acute Mental Health Care, Substance Abuse Treatment, Adult Dual Diagnosis Program, Intensive Outpatient, Partial Hospitalization.

Hours: 24 Hours, 7 days a week

Contact: (817) 261-3121

Website: <https://millwoodhospital.com/>

North Texas State Hospital

Location: 4730 College Dr, Vernon, TX

Services: Adult Psychiatric Services

Hours: Open 24 hours

Contact:(940) 552-9901

Website: <https://northtexasstatehospital.com/>

North Texas State Hospital

Location:6515 Kemp Blvd, Wichita Falls, TX

Services: Adult Psychiatric Services

Hours: Open 24 hours

Contact:(940) 692-1220

Website: <https://northtexasstatehospital.com/>

The Excel Center of Lewisville

Location: 401 N Valley Pkwy, Lewisville, TX

Services: Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), Pride+ Program at Excel Lewisville

Hours: Monday-Friday: 8:00am-5:00pm

Contact: (972) 906-5522

Website: <https://excelcenterlewisville.com/>

Terrell State Hospital

Location:1200 E Brin St, Terrell, TX

Services: Adult psychiatric services, Child and adolescent psychiatric services, Geriatric psychiatric services, Forensic competency restoration services.

Hours: Open 24 hours

Contact: 972-524-6452

Website: <https://www.hhs.texas.gov/>

Texas Health Behavioral Health Hospital

Location:800 W Randol Mill Rd, Arlington, TX

Services: Anxiety, Depression, Psychiatric Services, Intensive Outpatient Program, Chemical Dependency, Mental Health, Gender-Specific, Adolescents, LGBTQ, Detoxification, Drug & Alcohol Treatment, Residential Addiction Treatment, Adolescents & Young Adults

Hours: Open 24 hours

Contact: (682) 236-6023

Website: <https://www.texashealth.org/Health-and-Wellness>

Texas Health Behavioral Health Hospital Dallas

Location: 8200 Walnut HI Ln, Dallas, TX

Services: Anxiety, Depression, Psychiatric Services, Intensive Outpatient Program, Chemical Dependency, Mental Health, Gender-Specific, Adolescents, LGBTQ, Detoxification, Drug & Alcohol Treatment, Residential Addiction Treatment, Adolescents & Young Adults

Hours: Walk-in hours: Monday-Friday, 8 a.m. to 8 p.m.

Contact:(214) 345-7355

Website: <https://www.texashealth.org/health-and-wellness/behavioral-health>

University Behavioral Health

Location: 2026 W University Dr, Denton, TX

Services: Adolescent Inpatient (ages 13-17), Adult Inpatient (ages 18 and up), Outpatient Services, Military Program, The Women's Program

Hours: 24 Hours

Contact: (940) 320-8100

Website: <https://ubhdenton.com/>

Financial Assistance

Family Promise Hope Program

Location: 901 E. Houston St. Suite 100 Sherman, TX

Services: Electric assistance, rental assistance, water bill assistance, work uniform assistance. Must provide proof of income and income must be higher than outcome of monthly bills. Must also have children to qualify for assistance.

Hours: Call for hours as hours may vary

Contact: 903-771-0322

Website: <https://www.familypromisegrayson.org/>

Lakeway Samaritan

Location: 518 W FM 120 Pottsboro, TX

Services: Food Pantry & one-time rental/utility assistance

Hours: Monday-Thursday: 9:00am-4:30pm

Contact: (903) 786-2402

Website: <https://lakewayresalebarn.org/>

LITE-UP Texas

Services: Utility Assistance for low-income families

Hours: Agency Switchboard: 8AM - 5PM, M-F

Assistance Hotlines: 8AM - 4PM, M-F

Central Records: 9AM - 5PM, M-F, Closed Friday Noon - 1PM

Contact: Agency Switchboard: 512-936-7000

Assistance Hotlines: 888-782-8477 or 512-936-7120

Website: <https://www.puc.texas.gov/consumer/lowincome/assistance.aspx>

Salvation Army, Sherman

Location: 5700 Texoma Parkway in Sherman

Services: Food Pantry, Rent & Utility Assistance

Hours: Monday, Wednesday, and Friday from 9-11 a.m. and 1-3 p.m., hours may vary

Contact: (903) 868-9602

Website: <https://www.salvationarmytexas.org/>

TCOG Energy Assistance (Serves Cooke, Grayson & Fannin)

Location: 1117 Gallagher Drive Sherman, TX

Services: Section 08 Housing, Utility Assistance, Weatherization, Water Assistance, Family Assistance

Hours: Monday-Friday: 7:30am-5:30pm

Contact: (903) 893-2161

Website: <https://www.tcog.com/>

Visto Clinic

Location: 1305 N. Culberson Gainesville, TX

Services: Food Pantry, rent and utility assistance

Hours: Monday, Wednesday, Thursday, and Friday 8:00 am to 12:00 pm (by appointment) Tuesdays 2:00pm to 6:00pm For more information, please call.

Contact: (940) 668-6403

Website: <https://www.vistohelps.com/food-pantry>